

BELT SQUAT
JPL-146

◆ Elevate your leg training with our Belt Squat Machine. This versatile equipment offers a safe and effective alternative to traditional squatting. With its innovative design, it allows users to target leg muscles without placing strain on the spine. The adjustable belt height and resistance options cater to users of all fitness levels.

◆ **DIMENSION:**
Length : 70 inches/ 178 cms
Width : 48 inches/ 122 cms
Height : 52 inches/ 132 cms

◆ **MUSCLE WORKED:**
Glutes
Hamstrings

